

AWSOME ACTIVITIES! for KIDS!

Youth Basketball



Grades 4-6

Steve Nash basketball teaches the fundamentals skills of basketball in a structured and fun environment. Teams will be allocated on the assessment night.

Each participant receives a basketball and a reversible SNYB jersey.

Please register for the assessment night.

Assessment night **Monday September 25, 6:30-8:00pm**

@Highlands School

Cost: \$135.00



Practices:

October 2 to December 12

Mondays Or Tuesday 6:30 - 8:00 pm

***Games played on Thursday nights beginning January 2018**

Mini-hoops Basketball

Grades 2-3

Is your child too young to play organized basketball? They will start learning the basics with ball handling skills, drills and games.

Mondays 6:30 - 7:15 pm

October 16 to December 18

Cost: \$46.00

3 X 3 Basketball

3X3 basketball is played three a side, on half a court and with one hoop. Each night consists of a warm-up, instruction and games.

Wednesdays September 27-November 1 and

Wednesdays November 8-December 13

Cost \$28.00

Laurie Middle School

Grades 4-6 • 5:00-6:30 pm

Grades 7-9 • 6:30-8:00 pm

Grades 10-12 • 8:00-9:30 pm



Little Kickers Soccer

Non-competitive soccer provides an introduction to the basic skills and rules of soccer. Ages 3-4 years

Cost: \$44.00

October 11 to November 29

Wednesdays 5:30-6:00 pm OR

October 12 to November 30

Thursdays 5:00-5:30 pm



Indoor SUPER Soccer

Non-competitive soccer provides basics skills and rules of the game. Ages 5-7 years Cost: \$54.00

October 12 to November 30

Thursdays 5:30-6:15 pm OR

Thursdays 6:15-7:00 pm

Indoor MEGA Soccer

Keep up your soccer skills over the long cold winter; learn new skills, practices and games. Bring your friends for a fun and active sessions! Ages 8-11 years Cost: \$66.00

October 11 to November 29

Wednesdays 6:00-7:00 pm

Great **adult courses** available too!!!

Cycling, photography, Zumba or guitar lessons, there is something for everyone !!

For information or to register call **The Community Services Department at 250-489-0220** or come by our office at Western Financial Place 1777 2nd Street North
REGULAR OFFICE HOURS: Monday - Friday 8:00am-8:00pm, Saturdays and Sundays 12:00pm-7:00pm

At Home Alone

Deigned to prepare children for being home alone!

Learn important skills through role play and lessons. This will give children confidence when they are home alone! Ages 10 yrs.+

Wednesday 5:00 to 7:00pm

September 27 or November 1 or December 6

Cost: \$30.00

Babysitters Training

Increase your confidence with hands-on experience. This course teaches everything from responsible caregiving to job interview etiquette. Ages 11 yrs +

Friday 9:00 am - 5:00 pm

September 22 OR

October 28 OR

December 2

Cost: \$85.00



Swimming Lessons

Red Cross swim lessons for all ages and abilities.

Mondays & Wednesdays
or

Tuesdays & Thursdays

Set 2 October 10 to November 9

Set 3 November 13 to December 14

Check our program guide at
www.westernfinancialplace.ca/services
for times and dates available



NI DAY ACTIVITIES

STICK & PUCK, SKATE & SWIM

October 6 & 20, November 24, December 4

STICK & PUCK 10:00-11:00 AM

Western Financial Place. Helmets and gloves required! Bring your own stick and puck. No goalies, slap shots, or scrimmages permitted. Children under 10 years must be accompanied on the ice by a paying adult. All ages welcome.

SKATE 11:15 am-12:30 pm Western Financial Place. Helmets required.

SWIM 1:00-3:00pm Children under 7 years must be accompanied by a parent or guardian over the age of 16 years

Cost for each activity : \$2.30 child \$3.45 youth/senior, \$4.65 adult, \$11.65 family NI Activities are subject to change.

AQUATIC ACTIVITIES!

MOVIE NIGHT

Every Friday in November

7:00 -9:00 pm

Shrek - Nov 3

Shrek 2 - Nov 10

Shrek the Third - Nov 17

Shrek Forever After - Nov 24

HOWL-O-WEEN

Saturday October 28 •

12:00 - 3:00 pm

When witches go riding and black cats are seen the moon laughs and whispers, 'tis near Halloween!
SPECIAL EVENT PRICING IN EFFECT.

FREE Community Sponsored FAMILY Swim

3rd Saturday of the month 12:00-1:00 pm

Children under 7 yrs must be accompanied by an adult *

September 16 Sponsored by Hospital Employees Union

September 30 Sponsored by CUPE Local 2090

October 21 Sponsored by Denham Ford

November 18 Sponsored by Fraternal Order of Eagles

December 16 Sponsored by CUPE Local 2090

KOOTENAY ICE HOME GAMES

Special event swim rate during every Kootenay Ice home game.



Special Event Swim Rates

\$2.30 kids, \$3.45 Youth & Seniors, \$4.65 Adults, \$11.65 Family

**SORRY Grade 5 passes are not valid!*

